

## General Exercises

+ O Most Holy Trinity! As many times as I breathe, as many times as my heart beats, as many times as my blood pulsates through my body, so many thousand times do I want to glorify Your mercy.

I want to be completely transformed into Your mercy and to be Your living reflection, O Lord. May the greatest of all divine attributes, that of Your unfathomable mercy, pass through my heart and soul to my neighbour.

Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances but look for what is beautiful in my neighbours' souls and come to their rescue.

Help me, that my ears may be merciful, so that I may give heed to my neighbours' needs and not be indifferent to their pains and moaning.

Help me, O Lord, that my tongue may be merciful, so that I should never speak negatively of my neighbour but have a word of comfort and forgiveness for all.

Help me, O Lord, that my hands may be merciful and filled with good deeds, so that I may do only good to my neighbours and take upon myself the more difficult and toilsome tasks.

Help me, that my feet may be merciful, so that I may hurry to assist my neighbour, overcoming my own fatigue and weariness. My true rest is in the service of my neighbour.

Help me, O Lord, that my heart may be merciful so that I myself may feel all the sufferings of my neighbour. I will refuse my heart to no one. I will be sincere even with those who, I know, will abuse my kindness. And I will lock myself up in the most merciful Heart of Jesus. I will bear my own suffering in silence. May Your mercy, O Lord, rest upon me.

+ You Yourself command me to exercise the three degrees of mercy. The first: the act of mercy, of whatever kind. The second: the word of mercy - if I cannot carry out a work of mercy, I will assist by my words. The third: prayer - if I cannot show mercy by deeds or words, I can always do so by prayer. My prayer reaches out even there where I cannot reach out physically. O my Jesus, transform me into Yourself, for you can do all things.

Films: Divine Mercy: No Escape (United States, 1987)

Divine Mercy: Sa Buhay ni Sister Faustina ("In the Life of Sister Faustina"; Philippines, 1993)

Faustina (Poland, 1995)

The Last Appeal: The Life of Faustina The Apostle of Divine Mercy (2009)

Love and Mercy: Faustina (Poland, 2019)



# DIVINE MERCY SHRINE

**KEYSBOROUGH**

## Divine Mercy Shrine

Under the pastoral care of  
the Society of Christ for Poles Living  
Abroad

Address: 337 Greens Rd.

Keysborough, VIC 3173

Ph.: (03) 9701 6071

Email: [dms@cam.org.au](mailto:dms@cam.org.au)

[www.dms.org.au](http://www.dms.org.au)

facebook: [dms.keysborough](https://www.facebook.com/dms.keysborough)

Rector:

Fr Kamil Zylczynski SChr

Assistant Priest:

Fr Przemyslaw Sygula SChr

Missionary Sisters:

Sr Elzbieta Cieslarczyk MChR

Sr Marietta Marc MChR

Church opening hours:

8.00 am - 7.00 pm

Parish Office:

by appointment

## SUNDAY MASSES:

Saturday: 6.00p.m. Polish

Sunday: 9.00a.m., 11.00a.m. - Polish  
4.00p.m. - English

Weekdays Mass Time:

5.45p.m. Chaplet of The Divine Mercy

**6.00p.m. Holy Mass**

(Tuesday - ENG)

Reconciliation/Confession

Sunday: 3.00 p.m.

Weekdays: 5.45p.m.

## Announcements:

- Divine Mercy Shrine opens for the private prayers from 8a.m till the evening Mass.
- 2nd Tuesday Fr. Rojan's healing service
- 1st Sunday of the month honouring "God the Father"
- 8th of August Mary of the cross
- 15th of August the Assumption of the Blessed Virgin Mary
- 21st Sunday St. Faustina's Birthday

## Saint Faustina Kowalska

### The Congregation of the sisters of Our Lady of Mercy, OLM

**Born:** 25 August 1905, Glogowiec, Leczyca country, Lodz Voivodeship, in central Poland

**Died:** 5 October 1938 (aged 33) Krakow, Republic of Poland

**Beatified:** 18 April 1993, St. Peter's Square, Vatican City by Pope John Paul II

**Canonized:** 30 April 2000, St. Peter's Square, Vatican City by Pope John Paul II

**Major Shrine:** Basilica of Divine Mercy, Krakow, Poland

**Feast:** 5 October

Chapel of Saint Faustina Kowalska at her resting place, the Basilica of Divine Mercy in Kraków, Łagiewniki

Maria Faustyna Kowalska, OLM (born Helena Kowalska; 25 August 1905 – 5 October 1938<sup>[1]</sup>), also known as Maria Faustyna Kowalska of the Blessed Sacrament, was a Polish Catholic religious sister and mystic. Faustyna, popularly spelled "Faustina", had apparitions of Jesus Christ which inspired the Catholic devotion to the Divine Mercy, therefore she is sometimes called the "secretary" of Divine Mercy.

Throughout her life, Kowalska reported having visions of Jesus and conversations with him, which she noted in her diary, later published as *The Diary of Saint Maria Faustina Kowalska: Divine Mercy in My Soul*. Her biography, submitted to the Congregation for the Causes of Saints, quoted some of the conversations with Jesus regarding the Divine Mercy devotion.

At the age of 20 years, she joined a convent in Warsaw. She was later transferred to Płock and then to Vilnius, where she met Father Michał Sopoćko, who was to be her confessor and spiritual director, and who supported her devotion to the Divine Mercy. With this priest's help, Kowalska commissioned an artist to paint the first Divine Mercy image, based on her vision of Jesus. Father Sopoćko celebrated Mass in the presence of this painting on Low Sunday, also known as the Second Sunday of Easter or (as established by Pope John Paul II), Divine Mercy Sunday.

The Catholic Church canonized Kowalska as a saint on 30 April 2000. <sup>[4]</sup> The mystic is classified in the liturgy as a virgin and is venerated within the church as the "Apostle of Divine Mercy". Her tomb is in Divine Sanctuary, Kraków-Łagiewniki, where she spent the end of her life and met confessor Józef Andrzej, who also supported the message of mercy.